



Hello Anatomy & Physiology 12 Students,

I hope this email finds you well and safe. As you are all very aware, we are not physically back at school but we are back to **engaging our minds** to the best of our abilities! I want to continue your learning adventure. That being said, this week teachers and admin have been meeting online and learning new platforms so we can move forward in this unique situation.

This new way of learning will not be perfect, it reminds me of experimentation or new inventions that need some tweaking or constant adjustments. We can do this!

To connect with you in a virtual way, I have created an Anatomy & Physiology 12 group in a program called Microsoft Teams. All Carson Graham students have an email ending in sd44.ca that will connect them to Microsoft teams. I am asking that students log in to that email and join the Anatomy & Physiology 12 Team. The code for joining if you prefer to log into teams without your email is (f4xi84p). If you have trouble accessing your sd44.ca email please contact Mr. Tim Ireland. (Hint: it is the same number sequence used to log into the school computers).

So...what will the rest of the school year look like? Honestly, I don't know, but I believe we can work together to continue on this unique and challenging adventure. I am excited to provide new and unique opportunities!

Let's keep using our brains to the best of our ability.

Some advice from Astronaut Chris Hadfield: he knows a little bit about self-isolation!

- 1. Know the risk!**
- 2. Choose your goals.**
- 3. Constraints?**
- 4. Take Action!**

An Astronaut's Guide to Self-Isolation

https://www.youtube.com/watch?v=4uL5sqe5Uk8&fbclid=IwAR0B9RAHKfyoc_Shs6MohIExFOVu93ePx-R5UoNFpdmu0WmV3ahRzp3ya58

I miss your energy (*sometimes you had too much energy!*), smiling faces (*so wonderful*), and keen minds (*so smart and talented!*).

Your teacher,

Ms. Johnston (sujohnston@sd44.ca)

Email anytime I will try my best to field any concerns (as this is the first week much is still unknown even for us), if you would prefer a conversation on the phone please let me know and we can arrange it.

PS Fun Fridays will also exist in the Virtual Classroom! :) stay tuned! ☺instagram and tik tok